



A SEASON OF PRAYER & PREPERATION

Prayer & Fasting through Lent

Between 18th February- 2nd April 2026 we will be journeying together as Arise Church Lincoln in a season of prayer and fasting, praying into the apostolic calling of the church, that the work of the Lord would not be hindered but instead made fruitful in this season and future seasons.

We will be gathering Monday – Friday, 6.30-7am online and every Sunday, 7.30pm in person at Arise Church to pray together as a family.

What is our Apostolic Call?

Isaiah 58- We are called to be repairers of the breach, build up ancient ruins and restores of the streets in which to dwell. This call is both on us as a church but also individuals in our specific assignments that the Lord has given us.

This call covers our gatherings, community engagement, home life, social life, schooling and work. As we walk out the call that the Lord has placed upon us as Arise Church, we will see lives and communities transformed by the grace and power of the Lord Jesus Christ.

Prayer Rhythm for the weeks throughout Lent.

As we journey through this season of prayer and fasting together, we will be following a weekly rhythm of prayer in order for our prayers to cover all the different spheres of life where we are living out this apostolic call.



Throughout this time, please also continue to use our Evening and Morning Prayer Booklet, speaking the Psalms out loud as an act of warfare and declaration in the morning, pausing at midday to say the Lord's prayer and concluding with the appropriate liturgy to end your day.

Weekly Prayer Focus

Monday: Praying over The Community we serve

Tuesday: Praying over our leaders

Wednesday: Praying over our Children and Youth

Thursday: Praying for the churches in Lincoln

Friday: Praying over future growth of the church

Saturday: Praying for ourselves

Sunday: Praying over all who are part of Arise Church Lincoln.

Prayer guidance:

If you are unsure on how to pray through the weekly rhythm, please see the following guidance for pointers on how to structure your time of prayer.

At Arise Church Lincoln, we seek always to follow the guidance and inspiration of the Holy Spirit in our prayer so that we may ensure we are praying the Father's will so that our prayers may be powerful and effective.

Here are some suggestions on how to approach each focus of prayer as you come before the Lord:



- Praise God for who He is and all that He has done.
- Begin to then give thanks for all the Lord has been doing in the specific area you are praying into.
- Pray for “thy kingdom come, thy will be done.”
- Ask the Lord for His provision in every area where there may be lack, that His kingdom may be built.
- Pray that no weapon that is formed against us will prosper.

In addition to this, you may also like to consider reflecting on the scriptures below to direct and inspire your prayer times.

Scriptures to aid in prayer:

Isaiah 58

Ephesians 6:11-12

Psalms 91

Psalms 68

2 Corinthians 10:4

Isaiah 54:17

Whilst we are praying with a specific focus as Arise Church, Lent is also an ideal time to pray into your own individual walk with the Lord, preparing your heart and asking the Lord to reveal any area of your life that is not yet surrendered to Him. We pray that as you engage in this season of prayer and fasting, the Lord will speak powerfully to you and you step in fully to walking out the apostolic call that we carry as a people, not through any merit of ourselves but through the mercy and grace that He chooses to pour out on us.

